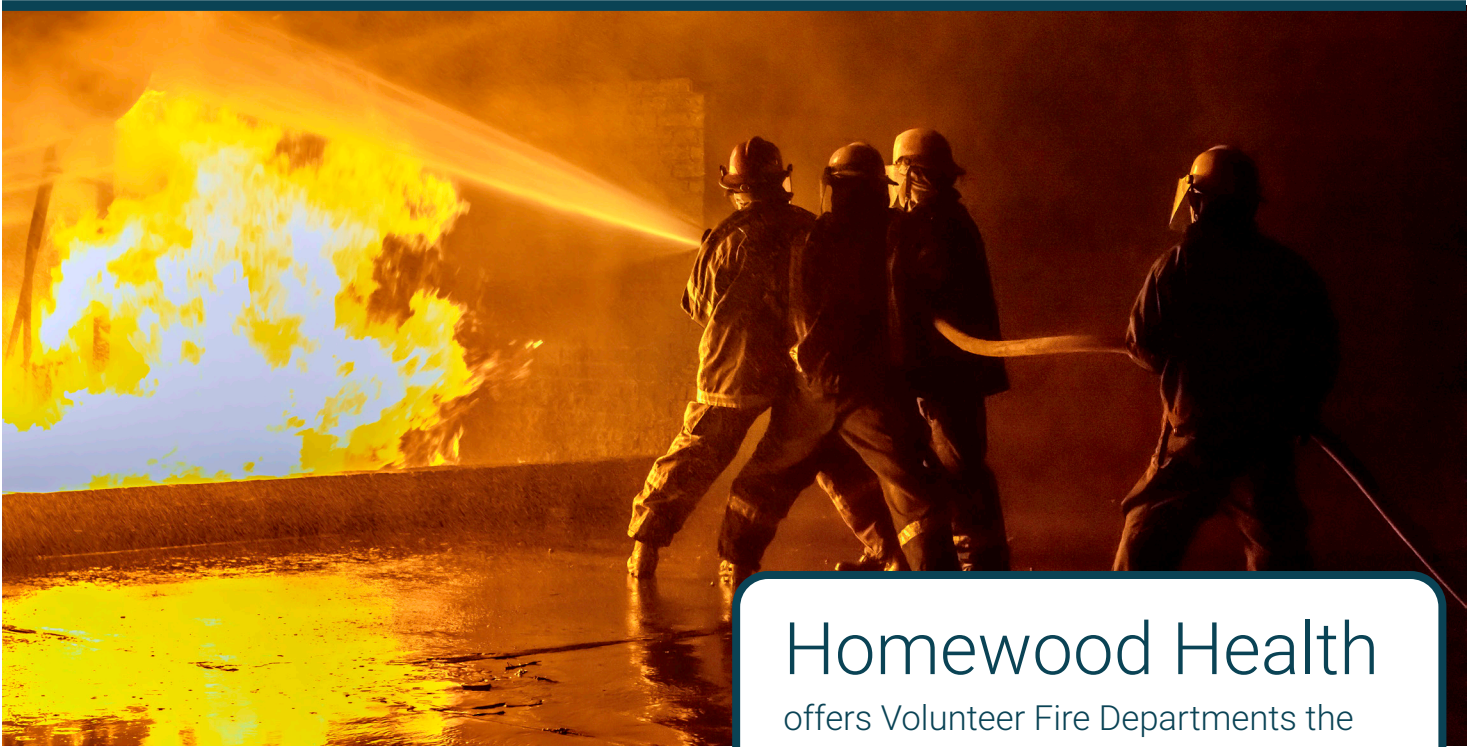


Volunteer Firefighter Member and Family Assistance Program (MFAP) Solutions

Harness the power of full-scale employee/firefighter and workplace support solutions through an exclusive MFAP arrangement through VFIS of Canada a division of CVIS, Inc.



Member and Family Assistance Programs (MFAPs) are employer paid benefits that support both the members and the workplace. These services are designed to enable members to resolve personal and work issues so that optimal productivity is maintained. They include health, wellness and other strategic solutions for smaller employers/municipalities.

MEMBER SUPPORT SERVICES

Short-term Counselling

Our unique solution-focused cognitive behavioural therapy approach focuses on teaching individuals, couples, and families the skills necessary to solve their life problems without creating a long-term dependent counselling relationship. Confidential counselling is offered in the local community. Our counselling is delivered by our extensive national network, with the highest ratio of clinical psychologists. Their focus is on specific goal attainment, behaviour change, accurate diagnosis of complex problems, and the best possible outcomes.

Homewood Health

offers Volunteer Fire Departments the same services as some of Canada's largest employers at a preferred VFIS of Canada member rate of \$2.00 per member per month (non-member rate \$3.00). Coverage for municipal employees is also available at a rate of \$3.95 per employee per month.

VFIS of Canada

145 Wellington Street West, Suite 209

Toronto, Ontario, M5J1H8

1-800-461-8347 | canada@vfis.com

vfiscanada.com



Volunteer Firefighter Member and Family Assistance Program (MFAP) Solutions

Short-term Counselling

- addictions;
- adolescent issues;
- aging and care giving;
- anger management;
- anxiety;
- child development;
- communication problems;
- domestic violence;
- depression;
- family issues;
- grief and bereavement;
- marital issues;
- parenting;
- personal adjustment problems;
- relationship difficulties;
- sexuality;
- stress;
- separation / divorce / custody;
- special needs of children; and
- trauma.

LIFE SMART COACHING SERVICES

Life Balance Solutions

- childcare & parenting;
- elder & family care;
- legal advisory service;
- financial coaching;
- relationship solutions;

Career Smart Coaching Services

- shift worker support;
- pre-retirement planning;
- workplace issues;
- career planning;

Health Smart Services

- nutritional coaching;
- smoking cessation program;
- jumpstart your wellness;
- lifestyle changes;

Homewood Pathfinder

- Homewood Pulsecheck;
- Homewood Pathfinder Journeys;
- Online Booking;
- My Dashboard;

Online Resources and Services

- E- Learning Courses;
- Health Risk Assessment;
- Child and Eldercare Locator;
- Health Library;

Crisis Management/Trauma

- Crisis Management Services (CMS) – charged separately @ \$225 per hour

Key Person Advice Line

Designed for key personnel and supervisors, the advice line allows key persons to contact a Homewood Health counsellor at any time for consultation should a situation arise at the workplace which requires a professional opinion. These consultations are designed to be available on an immediate, as-needed basis.

For more information ask for our detailed brochure defining each service. Marketed & Sold by CVIS, Inc. Developed by Homewood Health

MFAP Solutions—supporting employee/firefighter well-being, capability and effectiveness.

Learn more about other solutions offered through your Member and Family Assistance Program (MFAP).

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